

C H A D L M C G R I F F P R E S E N T S

GOAL RENEW

FREE CLASS

A BETTER APPROACH TO SETTING & HITTING YOUR GOALS

CLASS GOAL:

**PROVIDE YOU WITH A NEW
PERSPECTIVE & MODEL FOR GOAL
SETTING THAT GIVES YOU A BETTER
CHANCE AT MAKING SIGNIFICANT
PROGRESS TOWARDS CREATING
YOUR GOALS.**

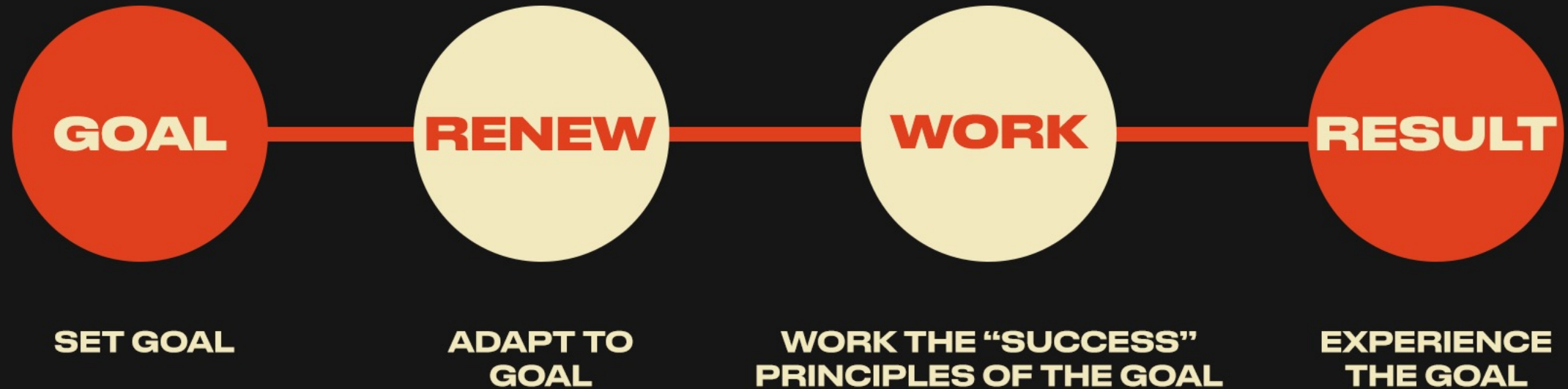
OLD GOAL MODEL



NO INNER CHANGE = OLD MINDSET KICKS BACK INTO ACTION

**STOPS ALL PROGRESS & INFLUENCES YOU
TO CONTINUE OLD HABITS WHICH PRODUCE
UNWANTED RESULTS.**

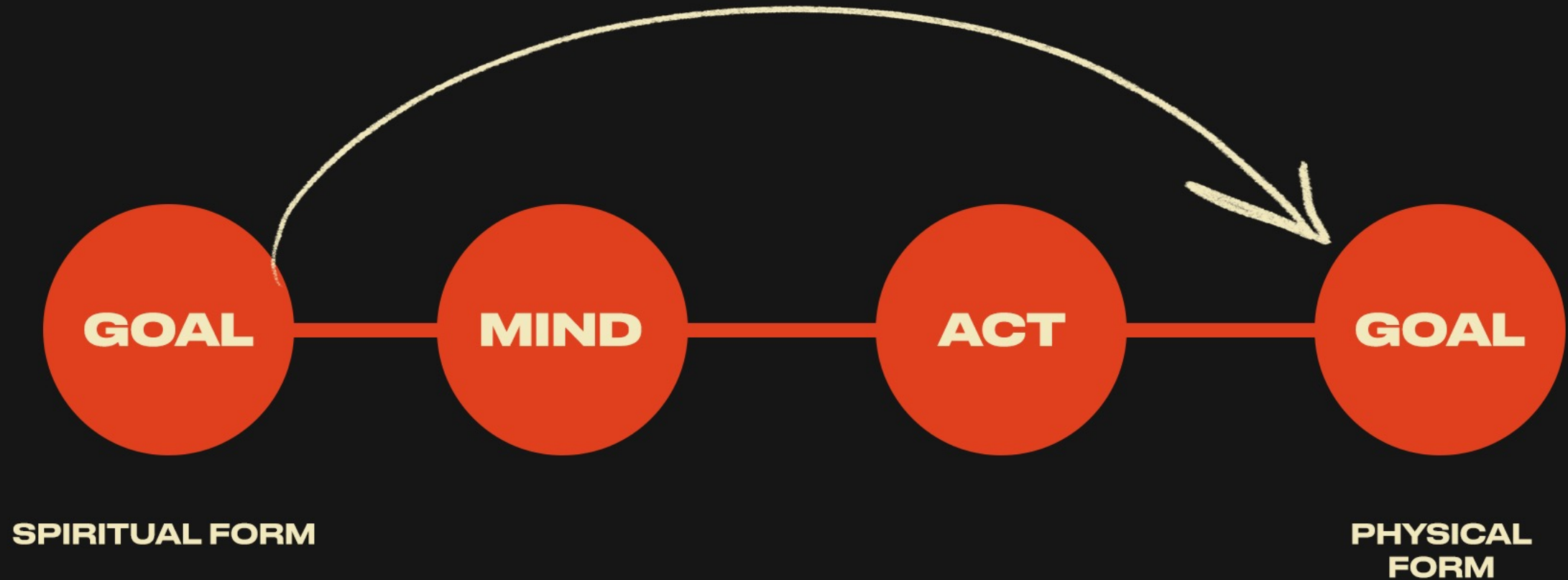
NEW GOAL MODEL



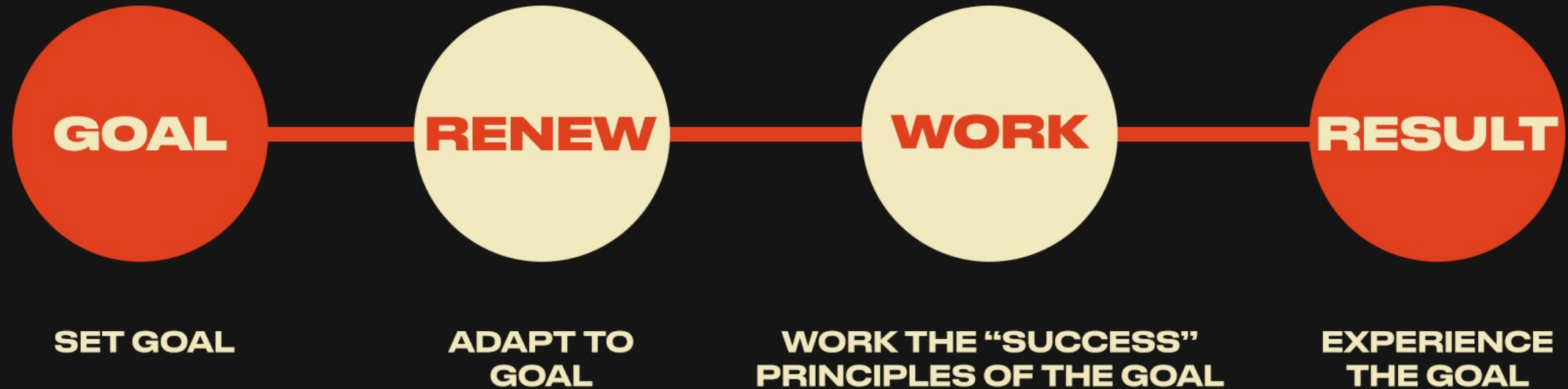
GOAL RENEWAL



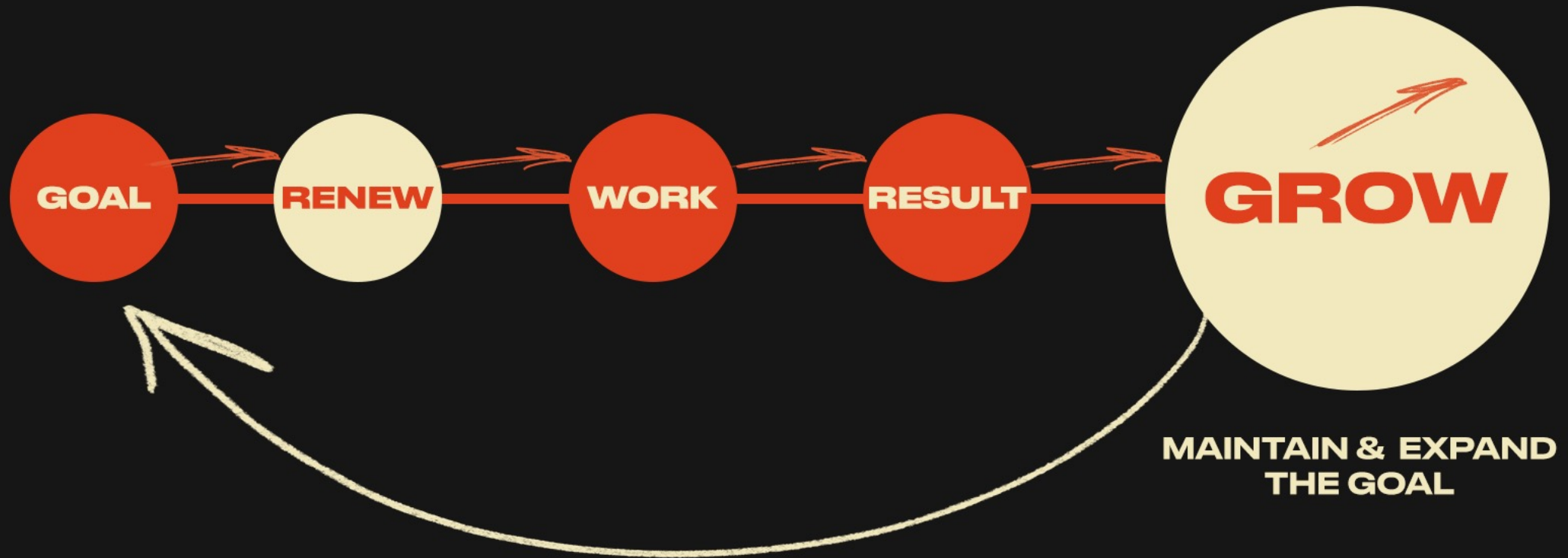
GOAL TRANSITION



NEW GOAL MODEL



GOAL GROWTH



GOAL PITFALLS:

1. LACK OF CLARITY: YOUR GOAL NEEDS TO BE CLEAR, PRECISE & IN WRITING

2. LACK OF EMOTIONAL VALUE: COMBINE YOUR CLEAR VISION WITH POWERFUL EMOTIONS TO BACK THEM.

3. LACK OF A PLAN

4. LACK OF SCHEDULING TO WORK THE PLAN

REMINDERS:

- **HAVE A DETAILED WRITTEN VISION OF GOAL BEING ALREADY ACCOMPLISHED THAT YOU READ & MEDITATE ON DAILY**
- **DAILY TRACKING OF MIND RENEWAL & NEW ACTIONS**
- **IF RESULTS DON'T MATCH THE GOAL, ENHANCE THE "RENEW & WORK" PHASES.**
- **BREAK THE GOAL INTO CHUNKS. ITS EASIER AND MORE MOTIVATING TO HIT MULTIPLE SMALLER GOALS THAT ADD UP TO YOUR BIGGER GOAL**